

DOWNSLINK CHALLENGE, 10th MAY 2014

Raising Funds for the Chestnut Tree Hospice

Details - The Downs Link Challenge starts from Bramber Castle and follows the Downs Link towards Christ's Hospital in Southwater and then back again. Maps will be provided and the route will be well signed. Marshalls will provide guidance, assistance and refreshments along the way. Participants can cycle or walk (running is also allowed) and all are encouraged to get sponsorship to help the hospice. There are officially four distances (30, 20, 10 and 5 miles) but participants can turn around at any point if they find the going too difficult. Basically please register for the maximum distance you think you can do and go for it. On the day Registration will be open from 7:30 and you can start anytime from 0800 onwards. Our simple request is you try to get back to Bramber for 1300 hrs.

The first couple of miles are through the quiet lanes of Bramber village then you progress along the Sussex part of the Downs Link which is mostly off-road, fairly flat but a little bumpy and can be sandy/muddy depending on the weather so mountain bikes are advised. For your safety (and for insurance) all cyclists must wear helmets. All under 14's must cycle with a responsible adult and no-one is to cycle alone (getting together in a group is very much encouraged). All groups should have at least one mobile phone and the number should be registered at the start. You should carry your own water but Marshalls along the route will provide refreshments and encouragement. First Aid cover is provided.

Entrance fee - There is an entrance fee of £10 per participant with family groups of 2 adults and 2 children having a discounted fee of £32 (under 5 free – **any contribution gratefully received**). For groups of eight or more entry is £8 each. We would also like to encourage you to get sponsorship for your ride or walk. The organisers may decide to limit numbers depending on the response so please enter as soon as possible. Please make all cheques payable to **Shoreham College Parents' Association** and send them with the entry form to the address at the bottom of this letter clearly marked "**Downs Link Challenge**". *(Shoreham College Parents' Association would like to thank the college staff for their help in dealing with the entries).*

Parking – As in previous years parking will be available in a field close to Bramber Castle. Should the numbers of entrants exceed the last couple of years we will publish details of alternative parking. In order for us to plan properly please indicate on the entry form how many cars you will be bringing (of course if you can ride or walk there this is very much encouraged). Full details of parking etc will be sent out with the welcome packs.

Contact – Please provide details of a main contact for your group. Acknowledgment of entry will be sent to this contact. If possible please supply an email address so that we can keep postage costs low. All maps and details will also be sent to this contact at least two weeks before the event. *Note that members of a group may take part in different distances but still provide one contact.*

Support and Sponsors – If you know of anybody who may like to help but would rather not take part we would welcome additional support on the day please ask them to contact us at info@downslinkchallenge.co.uk or ring Vicky Thomas on 07887 567929 or Dave Gerrey on 07808 061805. Helping may be as a Marshal, assisting with the registration process or clearing up etc. We are this year looking for a new main sponsor for the event along with associate sponsors and partners (please check out www.downslinkchallenge.co.uk for details of our sponsors).

And finally – Thank you once again for helping us to raise funds for the Chestnut Tree Hospice. We do hope you enjoy the day. It is meant to be a fun, family event. Why not bring a picnic and enjoy the pleasant surrounds of Bramber Castle after your ride / walk.

DOWNSLINK CHALLENGE, 10th MAY 2014 - ENTRY FORM

Contact Details Title		First Name		Surname	
Address					
Post Code		Contact Number			
Email					
If you are taking part in the event yourself please select the distance you intend doing					
If your group will be travelling by car to the event please indicate the number of cars you will be using.					
If you are riding as part of a school, club or other association please enter the name here so that we can acknowledge their involvement					

I/We understand that I/we participate completely at my/our own risk, and the organisers and associates will not be responsible for any loss, damage or injury however caused. I/We am/are in good health and agree to abide by the Downs Link Challenge rules and obey the Highway Code at all times. If I/We am/are accompanying any children I/We agree to take full responsibility for their safety.

Instructions and maps will be sent out at least 2 weeks prior to ride.

These will normally be sent by email for you to print. If you would prefer we post them to you please indicate.

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Signed.....Date.....

Please enter details of **all** other participants and the distance they intend to do (5, 10, 20 or 30 miles).

*** The year of birth is required for all under 18 years on the day of the event.**

Forename	Surname	Year of Birth. *	Distance (5/10/20/30)	Mobile (on the day) (use for emergencies only)
Please continue on an additional sheet if required. Cost is £10 per entry, £32 per family (2+2) or £8 each for groups of 8 or more .			Total Amount Paid	£

Parent or guardian, if under 18.....Date.....

*Please return entry forms and cheques (made payable to **SCPA**.) to Downs Link Challenge, c/o Shoreham College, St. Julian's Lane, Shoreham-by-Sea, West Sussex, BN43 6YW. Entrance covers water, biscuits and bananas at check points; maps, insurance, first-aid cover, finisher mementos and administration. Any surplus will be donated to The Chestnut Tree Appeal. All marshals are giving up their own time for the Appeal – please thank them on route.*

